

## Australia's Gift to the World

Globally, cervical cancer is the second most common women's cancer. Cervical cancer is the only cancer that can be prevented by vaccination and it was through the technological efforts of an Australian research team, led by 2006 Australian of the Year Professor Ian Frazer (ACCF Scientific Advisor), that the vaccine is now a reality.

Thanks to this Australian discovery, ACCF is providing vaccination programs for women in developing countries, who could not otherwise afford this life saving gift.

The ACCF's mission is to minimise the incidence and burden of cervical cancer and related women's health issues on women, their families and communities in Australia and in developing countries.

Since its establishment in November 2007, ACCF has been working to facilitate the delivery of 10s of millions of \$'s worth of vaccine to girls and young women and to facilitate screening and treatment in up to 5 developing countries by 2015.

The program will initially help girls and women in the Asia-Pacific region, with the aim to significantly reduce the burden of death and suffering from cervical cancer in these countries within a generation.



ACCF Director Lenore Wille, immunisation program Nepal

## Real Experiences

"Through ACCF's Real Life Challenge the girls were supported in the opportunity to step out of the comfort of our privileged country into an unfamiliar environment. There, they opened their hearts and realised that they can make a real difference for themselves and for others. Even more special was the experience and skills gained that they now apply to every aspect of life." **Hayley, Teacher/Participant.**

"The trip opened her eyes and mind to the world beyond her school and family. She saw a culture she had never imagined that made her aware of her fellow man's environment and lack of basic needs." **Donna, Parent.**

"Since participating in ACCF's schools program we now understand about how much we take for granted in Australia when it comes to simple things like having injections, which we all hate, but are so lucky to receive." **Annabelle and Grace. Participants.**

## Want to know more?

Contact ACCF today

### Australian Cervical Cancer Foundation

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## The ACCF Real Life Challenge

"Through their involvement with ACCF's Real Life Challenge, our girls have been given a unique opportunity to experience life changing and life long lessons. Participation in this project has been an investment for their future."

**Ann, Teacher/Participant.**



# ACCF

AUSTRALIAN  
CERVICAL CANCER  
FOUNDATION

The program is life changing and designed to facilitate teamwork, planning and leadership skills.

The Real Life Challenge is about building positive, capable women, who are potentially leaders of the future, as well as building life long friendships and networks.

The students will undertake a travel adventure, experiencing the wonder of a different culture while enjoying giving hands-on assistance to ACCF's aid project. This will allow them to truly make a difference by helping to save lives and fostering global goodwill.

## The ACCF Real Life Challenge involves three key tasks:

- 1. Fundraising** to a specific dollar goal.
- 2. Participating** in a real ACCF project; delivering the HPV vaccine to schoolgirls just like them, in a developing country. They will experience a local culture, undertake a planned trek and greatly assist the cause to eliminate cervical cancer globally.
- 3. Producing** a documentary record highlighting their learnings and experiences.



Girl receiving Gardasil™ vaccination

## An adventure of a lifetime

A group of up to sixteen year 10 - 12 students plus two experienced teachers as 'minders/mentors', are offered the opportunity to form a team that will strive to achieve the three key tasks.

### The application process is as follows:

- An information evening for staff, parents and students, is held to discuss all aspects of the program.
- Students are then selected by submitting a written expression of interest or essay outlining why they wish to participate.

### The Real Life Challenge:

Using a proven corporate method, ACCF provides a mentoring process to assist the team to plan, prepare and execute all 3 key tasks of their Challenge.

### Challenge Elements:

- An agreed fundraising project is executed, this may involve one or several initiatives.
- The trip is approximately 12 days including a trekking experience of around 4 days.
- The students prepare their documentary for presentation to their school, their families and to keep for their CVs.
- On successful completion, ACCF invites students, families and friends to a dinner to celebrate achievements and receive their certificate and lifeskills handbook.

**The core lesson, relevant to every aspect of life, is a profound insight on what can be achieved when actions are planned, disciplined and focused.**

## A small price to pay

Costs are negotiated between the school, ACCF and our experienced trek providers, World Expeditions, but can be achieved for as little as \$3,900\* per student. Up to 2 teachers travel free. A wide range of options can be accessed to balance these costs and fundraising goals.

There are other expenses of about \$500 for all travellers (including teachers) for visas, taxes, insurance, vaccinations, special clothing etc.

\* depending on current airfares/trek costs.

## A unique program tailored to your students' needs

Overseas travel is best planned for March/April or September/October, however ACCF is able to organise the most appropriate time in terms of the school timetable.

The program can be varied according to the needs and profile of the school and the students. The detail of each Challenge is negotiated with the school on a case by case basis.



Real life adventure campsite